



Healthcare Horizons Pre-Apprenticeship Programme

Case study: Ava, Hackney



Background and decision to start the programme

After finishing college, Ava started work in a coffee shop as a supervisor. A former teacher knew that Ava was interested in a health sector career and forwarded her details regarding the pre-apprenticeship training. Ava had always wanted to work in the health sector but was not sure which direction or role to choose and she felt that the programme might provide her with a better steer.

Experience of the programme

Ava thought that the training was very helpful and provided a good knowledge base to prepare for a career in the NHS. She particularly valued the help she received in writing a supporting statement. This aspect of the job application process was not something she was aware of but during the training,

she realised just how useful it is to include when applying for a job vacancy. The training also provided Ava with a valuable insight into how to treat patients and staff with respect and how to recognise needs. She also thought that the common health condition module was particularly helpful as it provided in-depth information on patient care and health conditions.

Impact of the programme

Having completed the programme, Ava used the knowledge and skills she learnt to apply for a Nursing Associate apprenticeship and her application was subsequently accepted. She starts a Nursing Associate Degree Apprenticeship in January 2020 at a neighbour east London NHS Trust.