



Healthcare Horizons Medical & Dental Summer School

➤ Case study: Nodi, Newham

SHAPE YOUR STORY
with **Healthcare Horizons**

Background

Nodi had been interested in science, human biology and anatomy for a while and so a STEMS career, and particularly Medicine, appealed to her. However, she felt that she didn't have enough understanding about health sector careers as she didn't know anyone in such a profession.

Decision to start the programme

During Sixth Form College, she attended a careers day where she found out more about the Healthcare Horizons programme and she subsequently applied to join the Medical and Dental Insight day in May 2019 and Dental Summer School in August 2019.

Experience of the programme

Nodi found the training very useful and it surpassed her expectations. She particularly appreciated the scenario planning aspect and re-enacting real-life scenarios which provided an insight into what working for the NHS really entails. She enjoyed the course so much that she would have liked it to be longer, perhaps with additional work experience.

Impact of the programme

Having completed the insight day and summer school, Nodi now feels she has a better understanding of the health sector, particularly in terms of the work/life balance a career in the NHS offers as she encountered staff who managed a career as well as a family life. The training reassured her that this is the career path she wants to follow and Nodi is looking to study medicine in the new year.