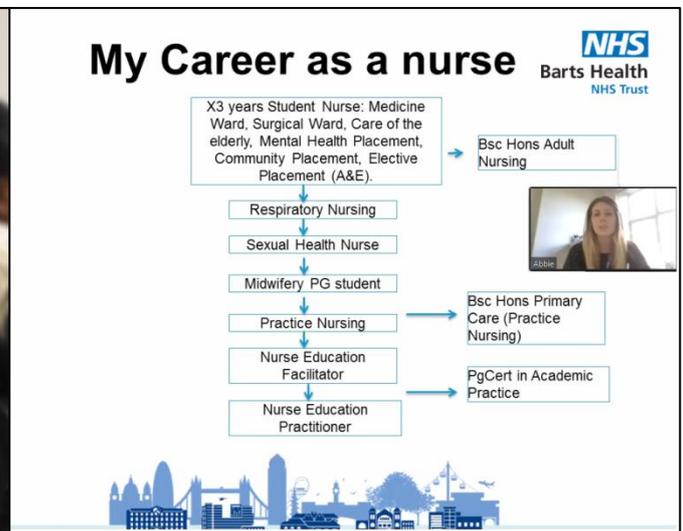


## COVID-19 Update

Despite the COVID-19 pandemic, the Healthcare Horizons team have continued to provide remote health career webinars and pre-employment training and post-training support to engage local young people. Now more than ever, these programmes enable Barts Health NHS Trust to implement anchor strategies that support local young people in east London, both with individual career choices and employment. We thank school staff, university partners and employment partners for ensuring our programmes continue to benefit the communities that our hospitals are embedded in.



## Career Insight Sessions

Over the last few months, Healthcare Horizons have hosted several insight health career days, including online webinars during the COVID-19 pandemic. We've had a range of NHS staff members kindly give up time to inspire over 60 east London students with their professions, including: hospital pharmacists, resuscitation practitioners, neurosurgeons, paediatric consultants, midwives, clinical nurse specialists and dental surgeons! Additionally, participants have been able to ask questions to AHP course leads at the University of East London as well as undergraduate medics. We've also delivered 14 health career events at different east London schools/colleges so far in 2020.

## Mentoring

Many of our active NHS mentors have been understandably busy on the frontline dealing with the ongoing COVID-19 pandemic. Despite this, students are still currently benefitting from direct online mentoring from a range of healthcare professionals. We'd like to continue thanking our mentors for their time, whilst sharing invaluable advice on careers, applications and interviews.

**Interested in participating? Get in touch!**

[healthcareersproject.bartshealth@nhs.net](mailto:healthcareersproject.bartshealth@nhs.net)

  [@BartsHorizons](https://www.instagram.com/BartsHorizons)

## Work Experience

Due to the COVID-19 pandemic, and following Trust health and safety regulations, work experience placements have been put on hold across our group of hospitals. However, before the pandemic 38 high-potential students from our local school network were able to complete placements with paediatricians, colorectal surgeons, children's services, maxillofacial surgeons and other healthcare professionals since the New Year!

“ I have gained a new perspective on the health sector

Student, Bishop Challoner 6<sup>th</sup> Form

“ I am more determined to go into the health sector after [meeting] many patients

Student, Leyton 6<sup>th</sup> Form

## Health University Courses

A number of local students who participated in our 2019-20 programmes are now receiving offers for places on university health-related degrees, with some already starting their courses! Degree courses include child & adult nursing, midwifery, radiography, audiology and sports rehabilitation. We wish these students the very best at university!



## Pre-Employment Training Programme

We've reached a milestone! 50 local young people have now successfully completed our training and found a job or apprenticeship to kick-start their health career! We continue to run remote training for young people aged 16-29 from Newham, Hackney, Waltham Forest and Tower Hamlets who are interested in an NHS career. Email our team to find out more: [healthcareersproject.bartshealth@nhs.net](mailto:healthcareersproject.bartshealth@nhs.net)

## Top-Up Workshops

To continue supporting individuals who've completed pre-employment training, we've been providing regular short online workshops to "top up" knowledge on how to write the highest quality applications and perform well at interviews. These have been insightful and well received by our trained cohorts.

“ Great course... it has given me confidence to start work in the health sector

Learner, Pre-Employment Training Programme

